

## **MINLAK TRAINING PROGRAMS INC.**

### **MISSION STATEMENT, MANDATE AND GOAL**

Our mission is to assist the intellectually and physically disabled adult in reaching his/her full potential by promoting self-sufficiency and personal responsibility in all aspects of his/her life.

#### **MANDATE**

To provide a diverse range of services that supports individual choices and facilitates quality lifestyles for adults with intellectual and physical disabilities.

#### **GOAL**

Our goal is to provide participants appropriate opportunities to learn skills in centre or community-based settings. Through a supported environment we will focus on the development and provision of valued training and activities, and encourage appropriate behavior, respect of daily schedules, acceptable social habits, and all other expectations put on the adult individual.

#### **PROGRAMS**

1. General Assessment: Participant will be observed in various situations/settings to allow supervisor a chance to determine individual strengths and needs.
2. Skills Training: Participant will be involved in specific skill areas offered by the agency: housekeeping, simple meal preparation, life skills, personal care/hygiene, work skills, social skills, computer skills and personal safety and health.
3. Community Integration: Participants will be given opportunities to participate in community activities that will increase their social skills, community safety and awareness.
4. Recreation: Participants will be involved in community-based recreation (bowling, local events as schedule permits).
5. Community Work: Community employment may be the long-term goal for participants who have required the necessary skills and who desire that result.